



Queens of the Universe

Kaitlyn

Saturday, November 10, 2018



Kaitlyn is an international bellydance instructor and performer based in Eastern North Carolina. She started her dance training at an early age with formal classes in Ballet, Tap, and Jazz, but she found her way to bellydance in her early 20s. She is always inspired by Middle Eastern dance and immerses herself in the art by studying and teaching various styles that include Egyptian and Cabaret, American Tribal Style®, and Tribal Fusion. She has also judged professional bellydance competitions and performed alongside Indian Bollywood star Raggeshwari in 2008. Kaitlyn is also a featured dancer on the instructional video series for the smash hit "Learn Bhangra App". Kaitlyn began performing with Bellydance Evolution in 2014 and has danced with them across the US and in China. Kaitlyn's other passion is Indian Classical & Folk Indian styles and Flamenco and studies them as often as she can. She is the creative director of her student performance troupe "Apsara" and is an event producer in her area.

- 10:00a - 10:30a** Registration & Shopping
- 10:30a - 12:30p** Let's Play! Making Bellydance Fun Again - Let Kaitlyn help you get out of your dance rut! Be ready to smile, laugh and let loose as she shares games, exercises and dynamics that are perfect for helping a dancer(or troupe) revitalize their love of what they do, and inspire them for future goals.
- 12:30p - 2:00p** Lunch on your own
- 2:00p - 4:00p** Tech, Tech...BOOM! Bellydance Technique and Combinations - Kaitlyn will introduce conditioning exercises, drills and movement breakdown to offer you the tools to either establish, or improve your own personal technique. Later, these steps and moves will be put into combinations that will add excitement and sizzle to your dance. This workshop is inspired by Kaitlyn's rigorous training and touring with Bellydance Evolution. See what it takes to help a dancer survive a 2 1/2 month, 29 City, 35 show tour.
- 7:00p** Hafla (doors open at 6:30p)

Workshops held at the Hilton Garden Inn in Sandston, VA - 441 International Center Drive, Sandston, VA 23150

DIRECTIONS: Located off of I-64 exit 197A towards Richmond International Airport. Upon exiting, turn right onto Audubon Drive, then right onto International Center Drive. Hotel is on the right. From I-295 Southbound, take exit 31B towards the airport. Continue for 3.3 miles until you reach Audubon drive. Turn right, then make another right onto International Center Drive. Hotel is on the right. From I-295 Northbound, take exit 28 and travel Westbound on Route 60. Turn right onto Airport drive, then shortly after, turn left on Audobon drive. Turn right onto International Center drive.



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Sign me up for the workshops with KAITLYN on Saturday, 11/10/18

Name: _____

E-mail : _____

Mail registration with CHECKS PAYABLE TO DEBORAH DOHERTY

Queens of the Universe c/o Jenny Desjean
5400 W Melbeck Rd
Richmond, VA 23234

	Before Sep 30	After Sep 30
Let's Play	<input type="checkbox"/> \$35	<input type="checkbox"/> \$40
Technique	<input type="checkbox"/> \$35	<input type="checkbox"/> \$40
Both Workshops	<input type="checkbox"/> \$60	<input type="checkbox"/> \$70
Hafla Ticket	\$10 each X QTY: _____	

Total Enclosed: _____

CHECKS MUST BE PAYABLE TO DEBORAH DOHERTY
Pay with a credit card via PayPal at
www.queensoftheuniverse.com